

Milo's Results Report





Pet Name: Milo

We are delighted to present your pets test results!

The Results

Your pets results are divided into sections by the type of items tested. Within each section you'll find an overview page, this is to ensure your pets results are as clear and concise as possible and your attention is drawn to the information that is of greatest value to you. You can see the full list of items tested in the detailed analysis page.

Your pets results report is designed to provide the utmost clarity including the actions we would recommend.

We believe that in providing you with your test results and relevant information in each section, your results can form the beginning of a journey enabling you to make positive changes to your pets daily diet and environment

in doing so we want you to be able to take steps towards designing a diet, which is nutritious and enjoyable for your pet

If you have any further questions please do not hesitate to get in touch with us.

Healthy regards,

Pet Health Testing

support@pain? its esting.com - www.pethealthtesting.com

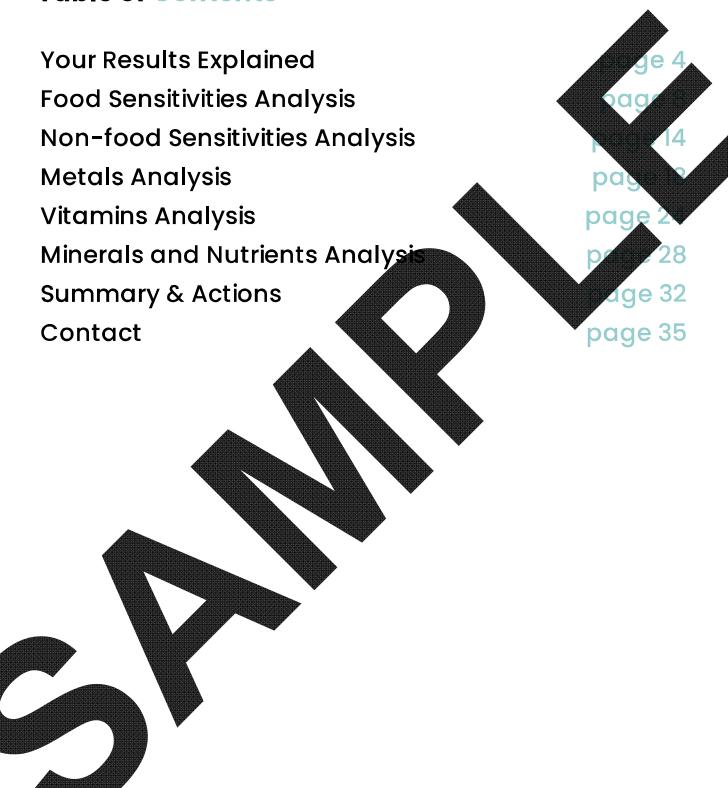
Complementary Alternative Medicine (CAMS)

vity sts are carried out using bioresonance therapy and is categories and er Commentary and Alternative Medicines (CAMs) which covers a wide range of therapies that fall outside mainstream medicine.

and related information provided do not make a medical diagnosis nor is it intended to be a substitute for a professional medical advice, diagnosis or treatment. Always seek the advice of your veterinarian service or other qualified health provider if your dog has a medical condition or any questions you may have regarding a medical condition and/or medical symptoms your dog has.



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Your Pets Results Explained

A sensitivity test is not an allergy test

It is important to reiterate that this test is NOT for allergies. It is easy to confuse allergy and sensitivity or intolerance as the different terms are often used interchangeably, which leads to misinterpretation. Allergy and sensitivity are not the same. Of course if someone is allergic to a food item it could be described as being 'sensitive' however as a health condition allergy is different from sensitivity or intolerance.

There are a couple of fundamental differences between allergy and sens having food sensitivity may be uncomfortable and cause symptoms that, wh annoying, embarrassing or even debilitating, do not have the potential to ke lifethreatening like those caused by food alleray food sensiti can als over time, it can often be overcome through tation foor nination diet and/or improving gut health, howey tends elong. The od all physiological process, which takes place the bod ing an allergic reaction, is raic reaction involves the also entirely different to that of sen Ap ereas this is not involved in immune system and cells called antibodie levels therefore this is why it cannot sensitivity. Hair testing does not lest antibody be used to test for allergies.

Pet Health Testing utilize bio resonance technology that will identify temporary imbalances in the body that may be causing symptoms such as upset stomach, constant scratching, fur loss, but bods paw Diting and grass eating. These are non-life threatening responses and can take anywhere from several hours or several days to appear.

This product does not test your pet for allergies, nor makes a medical diagnosis or is it intended to se a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your vet or other qualified health provider if you think your pet has an allergy or medical condition.



Foods affecting digestion

It is common for a food item consumed in the daily diet or very frequently, to lest as a moderate or high sensitivity item. This can happen with food sensitivity and may be due to the body suddenly struggling to process or breakdown particular constituents of the food. This could be caused by overconsumption of a food group or could be down to an imbalance in gut bacteria or the presence of low-level inflammation in the gut.

Whatever the cause do not despair. We are talking about food sensitivity and NO allergy; therefore completing a food elimination diet for your pet with subsequent reintroduction can help. This may mean you need to eliminate a favourite food or staple in your pets diet for a period of weeks but you will be able to reintroduce the item. Eliminating food items for a period of time can allow the out time to 'rest' from trigger foods and the reintroduction of items can allow you to essess how your pet is handling certain foods.

Gut Nourishment

In most cases carrying out an elimination diet is enough to improve symptoms and allow for a greater understanding of any foods, which aren't agreeing with the body. It is also worth considering the noullshment of the digestive tract and addressing any gut bacteria imbalances to forther improve gut function and reduce digestive symptoms.











We take great pride in helping our customers, here are a few examples of how we have helped our pet community.

Amazing how much we've learned * * *

My dog has been frequently itchy to the point that he was breaking skin scratching so hard. Thanks to Pet Health Testing, we found out that he was sensitive to barley. It's been almost 4 weeks since we got him barley free food and his itching is minimal! He's definitely getting better!

- John & Rebecca

The best test available $\star \star$

I have wanted to know what my dog was sensure to The test offers an extensive check without the expensive price. My test at was delivered in 48 hrs, the process was easy, and my results were in in about five days. The report was easy to read and understand, I would recommend this to anyone.

- Broderick Family

The brutal truth indeed 📉 🦟 📐

Who would have thought that beef caused by puppy to have stomach problems. So happy I took this intolerance test for my dog. I cut beef out of his diet entirely and since he hasn't shown any signs of discomfort and definitely has even more energy than before. This Fur sensitivity test has been an absolute lifesaver.

- Charlo







Your pets results explained

Understanding your pets results is of course the important part! To help you with this you will find an overview of your food sensitivity results. This overview summarises the items to focus on, along with the relevant actions to take All Fems tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reacti items can be found in the detailed analysis section.

Sensitive Reaction

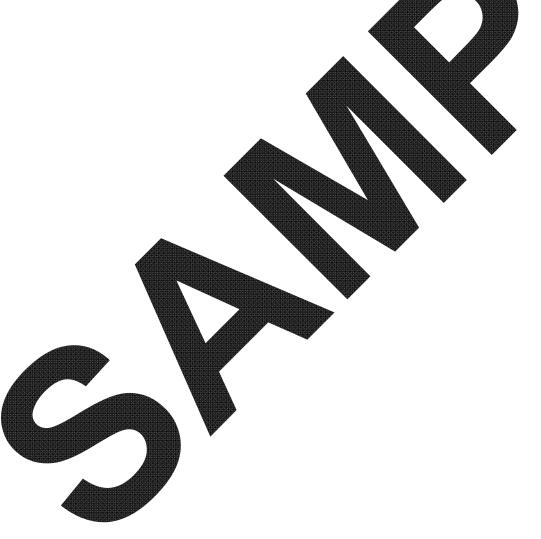
to.

Mild Reaction

These are the food items. These are the food items. These are the food items. that our testing shows that our testing shows your pet has a sensitivity your pet could potentially your have a sensitivity

No Reaction

our testing shows t does not have a sensit





Your Pets Food Sensitivities: Overview

Sensitive Reaction

- Brussel Sprouts
- Cherry
- Chicken Kidney
- Clams
- Colby Cheese
- Corned Beef
- Evening Primrose Oil
- Maize Flour
- Millett
- Mullet
- Nectarine
- Ox Kidney
- Pineapple
- Rice Brown/Whole Grain
- Strawberry
- Sugar Snap Peas



These food items have been identified as those, with process causing or contributing to physical symplects.

We would recommend the remaind of these items from your pets daily diet using a stranger wired a management of the second of the





Your Food Sensitivities: Overview contd.

Mild Reaction

- Alligator
- Almond Oil
- Artificial Beef Flavour
- Asparagus
- Banana
- Beef Bone
- Blackcurrant

- Broccoli
- Butternut Squash
- Cabbage
- Carob
- Carp
- Chicken Gravy
- Cinnamon
- Dill

- Egg Yolk
- Fennel
- Ground Beef
- Parsnips
- Partridge
- Pheasant
- Quail
- Rice White

- Sardine
- 30000
- Water
- Wild Boa

These food items have been patified those, may have the potential to compare the potential to compare the potential to compare the physical symptoms.

We would always rectangled prior the removal of the Sensitive Reaction items of the then a dering the removal of Mild Reaction as the literal

It is also worth to the having these items in isolation may not cause symptoms, were having a number of Mild Rear items in the emedior day may lead to symptoms due to symptoms and mulative set.





Your Food Sensitivities: Detailed Analysis





Your Food Sensitivities: Detailed Analysis contd.





Non-food Sensitivities Analysis







What is a non-food sensitivity?

Non-food items can, just like food items, cause the body ta which leads to the production of symptoms such as itening and sneezing. If you suspect your pet has an allergy please √our ve It is important to note that this is not an allergy test pollen, dust mite or mould allergies your dog has may Юt come up in this test.

Your results explained

Understanding your pets results is of course the important part! To help this you will find an overview of your non-food sensi tivity 1 t action summarises the items to focus on, along with the relevan e. All items tested are rated as either Sensitive, Mid of No Reaction, in the overview section you will see only those items, which texted s Sensitive or Mild. The No Reaction items can be found in the detailed malysis

Sensitive Reaction

No Reaction

These are the nor items that our shows your pet has sensitivity to.

eşe the non-food These are the non-food pet ntially have vity to.

esting items that our testing could shows your pet does not a have a sensitivity to.



Your Non-food Sensitivities: Overview

Sensitive Reaction

Grass

- Pampass Grass
- Rosehip



Mild Reaction

- Apple Tree
- Bee Pollen
- Buckwheat
- Ceolsia Plumosa
- Elm Tree
- Gloxinix
- Hawthorn Tree
- Pine
- Polkadot Plant

Seaweed

These non-food items have idealed as those, which may have the potential o cause contribute to physical symptoms.

We would always reconsidering the sensitive Reconsidering the avoidance of the sensitive and the sensitive sensitive and the sensitive s

It is also worth to ide to the contact with these items in isolation may not a symptoms, however having contact with the contact with these items in isolation may not a contact with these items in isolation may not a contact with these items in isolation may not a contact with these items in isolation may not a contact with these items in isolation may not a contact with these items in isolation may not a contact with these items in isolation may not a contact with these items in isolation may not a contact with the contact wit



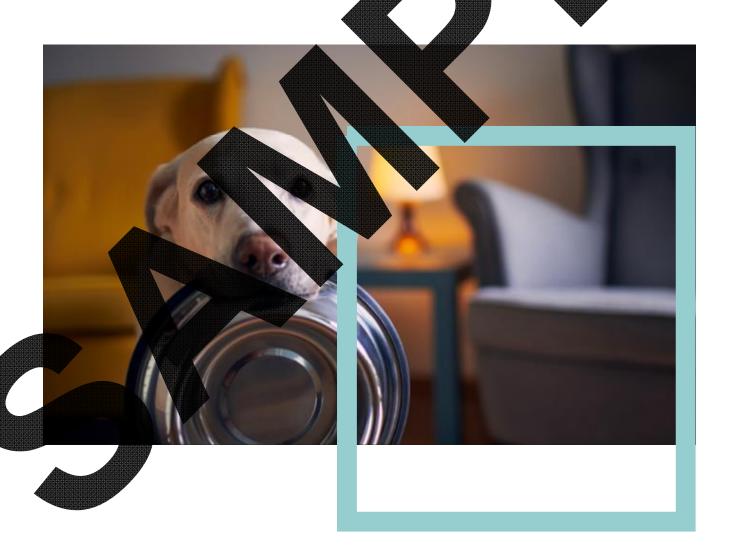


Hawthorn Tree

Your Non-food Sensitivities: Detailed Analysis Algae Hazel Tree Alyssum Impatients Apple Tree Leather Ash Tree Maize Plant Aspen Tree Marigold Flowers Milkweed Aster Bamboo Mint Bark Moss Barley Plant Nasturtium Bee Nylon Bee Pollen Oak Tree Beech Tree Orchard Grass Bermuda Grass Pampass Grass Bifidobacterium Perfume Animalis Persian Violet Birch Tree Petunia Blackberry Bush Pine Blue Daisy Polkadot Pla Boston Fern Pollen Bottlecrush Tree Poplar T Buckwheat Rape Tree Buttercup Flower Rose Plant Camelia ehip Canna Drag Cardamon Essential Oils Ceolsia Plumosa Cherry Tree Sting Chile Pin Storage Chrysar Sunflower Clover Fern Colonial B ass Coreopsis iola Corn Plant Wasp tton Willow Tree Currant Bush Wool Yarrow Zinnia culents Elm Tree ■ Gerber



Metal Sensitivities Analysis







What is metal toxicity?

Metal toxicity is the build-up of large amounts of heavy metals in the soft tissues of the body. The heavy metals most commonly associated with toxicity are lead, mercury, arsenic and colorium.

Exposure usually occurs through industrial exposure, pollution, food medication, improperly coated food containers or the ingestion of leadbased paints.

Symptoms vary between the different types of heavy metals.

What to do if you have high levels of exposure?

It is important to look at lowering your day-to-day level of exposure.

Consider your environment, the foods you eat water, cosmetics and cleaning products. The body is constantly detaxifying things from your everyday environment such as chemicals in foods, cosmetics and cleaning products, caffeine, alcohol, medications and even your own hormones.

You can help your body with detaxfication processes by ensuring you; drink plenty of filtered water, eat a diet that is as wholefood as possible, avoid processed foods, reduce caffeine and/or all onal consumption, lower nicotine usage and exercise regularly.





Potential sources in your environment

Heavy metals are a part of our everyday life and at low levels are detoxified by the body causing no issue. However it is beneficial to have a greater awareness of where you may come into contact with metals and therefore help you reduce your potential exposure.

Food - Pesticides, insecticides and herbicides used on crops can lead to contaminated food produce. Contaminated water can result in fish and seafood containing heavy metals.

Water - Pipework that water runs through is the most likely cause of any heavy metals in drinking water. For this reason it is always best to filter your water.

Air - Pollution from vehicles such as cars, trains and aeroplanes contributes to heavy metals, which can be inhaled. Industrial factories and agricultural areas, which use pesticles on rops are also ways metals get into the air we breathe.

Cosmetics - Lead, arsenic mercury, aluminium, zinc and chromium can be found in many cosmetics such as lipstick, whitening toothpaste, eyeliner nail polish, moisturiser, sunscreen, foundation, blusher concealer and eye drops some metals are acced as ingredients whilst others are contaminants.

household cleaning products like polish, all purpose sprays and garden products like insecticides and particides contain heavy metals.



Your results explained

To help you interpret your results you will find an overview of your metal sensitivities. This overview summarises the items to focus on along with the relevant actions to take. All items tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reaction items can be found in the detailed analysis section.

Ideally the metals will show No Reaction in testing. If however there are metals identified as Mild or Sensitive Reaction do not part. Through lowering daily exposure and helping your body with detoxification processes your body can reduce its own toxicity levels.

Sensitive Reaction

These are the metals that These are to our testing shows are at a our sting level that could lead to being at all toxicity.

Mild Reactio

These are the metals that our desting shows risk being at a level that may lead to toxicity.

No Re

These are the metals that osk our testing shows are not nay at a level that could lead to toxicity.





Your Metal Sensitivities: Overview

Sensitive Reaction

No items have been identified as Sensitive Reaction according to our testing parameter

Mild Reaction

No items have been identified as Mild Reaction according to our testing parameters

No Reaction

- Aluminium
- Cadmium
- Chromium
- Copper
- Flourine
- Lead
- Mangane
- Mercu

- Molybdenum
- W
- anganese Potassium ercun Selei ium
- Sodium
- Sulphur









Vitamins Analysis







Low vitamin levels

There are recommended daily amounts of each vitamin that be consumed on a daily basis. However vitamin require ents do vary from person to person depending upon life stage vity leve stress level, health conditions and medications.

Low vitamin levels occur when the dietary intake is low an required or when the body is struggling to effectively minerals from the food.

What should you do if you have low vitamin lex

The daily diet is the first consideration I you have low vitamin levels it is the most natural and best way of improving intake Vitamins come from a variety of sources, dance on specific vitamins and the richest sources being unrefined choices the foods where they are found see The role of f and types' in the Food Sensitivity section.

Ideally nutrients should all be con neo through the diet, however if this is not possible due to diet slikes supplementation is an option. Please rictions or c note it is always recommen ny supplementation is taken under the advice and monitoring of a nealth professional. Should you suspect that you could have a vitamin deficiency please seek the advice of your physician.

Your resul

Outside Ra

rameters. estin

Within Range

The level of the witchin in your body falls. The level of the vitamin in your body falls. orm I range according to within the normal range according to our testing parameters.



Your Vitamins: Overview

Outside Range

No items have been identified as Outside Range according to our testing parameters

These vitamins have been identified as falling below the normal range took to increase the nutrient density of your daily diet through fruits, vegetables grains, pulses, nuts and seeds, good quality meat, fish, eggs and dairy produce. For more specific guidance on the best sources of each vitamin please see 'The role of food types' in the Food Sensitivity section.

Within Range

- Biotin
- Vitamin A
- Vitamin B1
- Vitamin B12
- Vitamin B
- Vitamin 5
- Vitamin
- າin D3
- Vitamin E
- Vitamin K
- Zinc

These vitamins have been identified as falling within the normal range. Keep up the good work, ensuring a nutrient-rich daily diet to ensure your vitamin levels remain consistent.







Minerals and Nutrients Analysis





Low mineral levels

There are recommended daily amounts of each mineral that should be consumed on a daily basis. However mineral requirements do vary from person to person depending upon life stage, activity level, stress level, health conditions and medications. Low mineral levels occur when the dietary intake is lower than required or when the body is struggling to effectively absorb minerals from the food.



What are phytonutrients?

Phytonutrients are natural chemicals produced by plants to help them protect themselves from things like insects and the sun. By eating foods which contain phytonutrients we, as humans, can benefit from these natural compounds and use them for health benefits.

mended daily amounts to Unlike minerals the are consume. Howeve know hat the different phytonutrients confer different h elefits in the body such as supporting athening th mune system, improving cardiovascular healt and boosting energy. Therefore eye healt educing esi. **d fo**r optimal health. these nu end

What should you do if you have low mineral or phytonutrient levels?

the i onsideration if you have low mineral levels. It is the most The daily d natural and rimp oving mineral or phytonutrient intake. Minerals come m the soil greater the quality and richness of the soil, the greater the niveral densit a plant. The best sources of minerals are fruits, vegetables, grains pulses, r and seeds. By including such produce in your diet you will also nutrients. For guidance on specific minerals and the foods e found see 'The role of food types' in the Food Sensitivity section. hts should all be consumed through the diet, however if this is not to dietary restrictions or dislikes supplementation is an option. Please always recommended that any supplementation is taken under the advice and monitoring of a health professional. Should you suspect that you could have a mineral deficiency please seek the advice of your physician.



Your Minerals and Nutrients: Overview

Out Of Balance

In Balance

The level of the mineral or other The level of the mineral or other nutrients in your body are out of nutrients in your body are balanced balance according to our testing according to our testing parameters.

Out Of Balance

Folic Acid

These minerals and/or other nutrients have been dentified as falling below the normal range. Look to increase the nutrient density of your daily diet through fruits, vegetables, grains, pulses, nuts and seeds for note specific guidance on where to find each mineral please see 'The role of food types in the Food Sensitivity section.

In Balance

- Copper
- Iodine
- Iron

- L\Qamitine
- nace
- Jacin
- Omega 3
- Omega 6

Thiamine

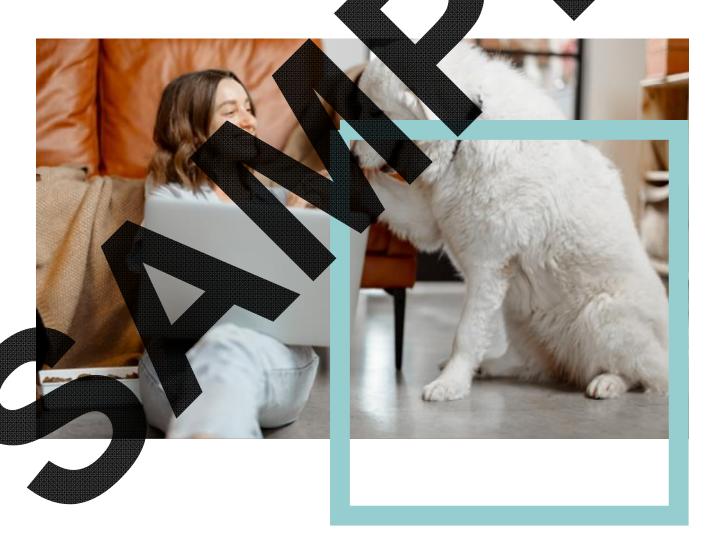
These minerals and/or other nut ients have been identified as falling within the normal range. Keep up the good work, maintaining a nutrient-rich daily diet to ensure your mineral levels remain consistent.



Your Minerals and Nutrients: Detailed Analysis Copper Folic Acid Iodine Iron L-Carnitine Magnesium Manganese Niacin Omega 3 Omega 6 Thiamine



Summary And Actions





Summary & Actions

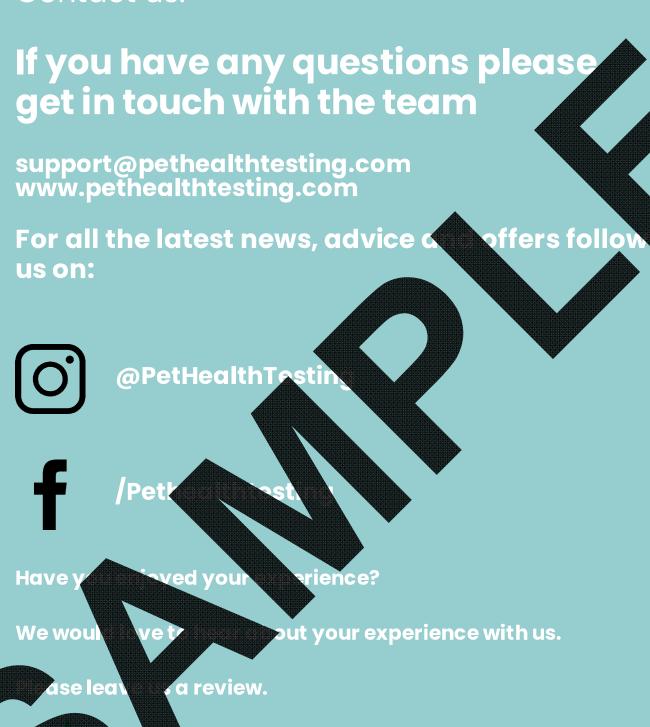
This food report is to be utilized for a suggested 6-8 week elimination plan once you have completed the 6-8 week elimination period and your pet's symptoms have subsided, you can now begin the reintroduction process. The tent oduction process is where you add back a once offending food item into their nutrition plan. You should only add back one food item at a time. If they consume the tood tem and do not experience any intolerance symptoms, then you can continue feeding it in moderation. If you feed the offending food item and notice a symptom, keep in mind that you can still continue to feed this food in the future, but you may coal with an undesirable symptom.

If you have decided to cook for your pet, rather than giving them process then once you have completed the reintal proces transitioning back to processed pet food your pet does is alwavs a see best to then feed them in rotation and moderation i ad of the same food every n their sensitive reactions day. Try to avoid exposing your pet ite abilities To consideration their bedding intolerance list to the best of your materials and fabrics, your furniture materials ur home, the cleaning solutions you use, the trees, grasses, and and the other animal dander re you live they may come in contact with impossible to fully remove certain environmental items **it of t**heir lift ng their exposure to these items will ut r help them experience les

The intention of the test leport is to be more in tune with what their body is telling you, and to make conscious charges about what environmental items you surround them with Please remember that we are testing for Intolerances which are non-immune system responses. Symptoms or reactions can take up to 48 hours or longer to appear. With our method of testing (using bioresonance feedback devices) your pet classift need to have ingested the food item for it to register as an intolerance.



Contact us:



This product does not test your pet for allergies, nor makes a medical diagnosis or is it intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your vet or other qualified health provider if you think your pet has an allergy or medical condition.

Trustpilot