

# Milo's Results Report



**Pet Name:** Milo

**We are delighted to present your pets test results!**

## The Results

Your pets results are divided into sections by the type of items tested. Within each section you'll find an overview page, this is to ensure your pets results are as clear and concise as possible and your attention is drawn to the information that is of greatest value to you. You can see the full list of items tested in the detailed analysis page.

Your pets results report is designed to provide the utmost clarity including the actions we would recommend.

If you have any further questions please do not hesitate to get in touch with us.

**Healthy regards,**

**Pet Health Testing**

support@pethealthtesting.com - [www.pethealthtesting.com](http://www.pethealthtesting.com)

### **Complementary Alternative Medicine (CAMs)**

Complementary Alternative Medicine (CAMs) tests are carried out using bioresonance therapy and is categories under Complementary and Alternative Medicines (CAMs) which covers a wide range of therapies that fall outside mainstream medicine.

The results and related information provided do not make a medical diagnosis nor is it intended to be a substitute for a professional medical advice, diagnosis or treatment. Always seek the advice of your veterinarian service or other qualified health provider if your dog has a medical condition or any questions you may have regarding a medical condition and/or medical symptoms your dog has.

## Table of Contents

Your Results Explained

Food Sensitivities Analysis

Non-food Sensitivities Analysis

Metals Analysis

Vitamins Analysis

Minerals and Nutrients Analysis

Summary & Actions

Contact

page 4  
page 6  
page 14  
page 18  
page 24  
page 28  
page 32  
page 35

SAMPLE



## Your Pets Results Explained

### A sensitivity test is not an allergy test

It is important to reiterate that this test is NOT for allergies. It is easy to confuse allergy and sensitivity or intolerance as the different terms are often used interchangeably, which leads to misinterpretation. Allergy and sensitivity are not the same. Of course if someone is allergic to a food item it could be described as being 'sensitive' however as a health condition allergy is different from sensitivity or intolerance.

There are a couple of fundamental differences between allergy and sensitivity; having food sensitivity may be uncomfortable and cause symptoms that, whilst annoying, embarrassing or even debilitating, do not have the potential to be life-threatening like those caused by food allergy; food sensitivity can also change over time, it can often be overcome through implementation of a food elimination diet and/or improving gut health, however food allergy tends to be lifelong. The physiological process, which takes place in the body during an allergic reaction, is also entirely different to that of sensitivity. An allergic reaction involves the immune system and cells called antibodies, whereas this is not involved in sensitivity. Hair testing does not test antibody levels therefore this is why it cannot be used to test for allergies.

Pet Health Testing utilizes bio resonance technology that will identify temporary imbalances in the body that may be causing symptoms such as upset stomach, constant scratching, fur loss, hot spots, paw biting and grass eating. These are non-life threatening responses and can take anywhere from several hours or several days to appear.

This product does not test your pet for allergies, nor makes a medical diagnosis or is it intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your vet or other qualified health provider if you think your pet has an allergy or medical condition.

## Foods affecting digestion

It is common for a food item consumed in the daily diet or very frequently, to test as a moderate or high sensitivity item. This can happen with food sensitivity and may be due to the body suddenly struggling to process or breakdown particular constituents of the food. This could be caused by overconsumption of a food group or could be down to an imbalance in gut bacteria or the presence of low-level inflammation in the gut.

Whatever the cause do not despair. We are talking about food sensitivity and NOT allergy; therefore completing a food elimination diet for your pet with subsequent reintroduction can help. This may mean you need to eliminate a favourite food or staple in your pets diet for a period of weeks but you will be able to reintroduce the item. Eliminating food items for a period of time can allow the gut time to 'rest' from trigger foods and the reintroduction of items can allow you to assess how your pet is handling certain foods.

## Gut Nourishment

In most cases carrying out an elimination diet is enough to improve symptoms and allow for a greater understanding of any foods, which aren't agreeing with the body. It is also worth considering the nourishment of the digestive tract and addressing any gut bacteria imbalances to further improve gut function and reduce digestive symptoms.



# Customer Testimonials





**We take great pride in helping our customers,  
here are a few examples of how we have helped our pet community.**

## **Amazing how much we've learned** ★★★★★

My dog has been frequently itchy to the point that he was breaking skin scratching so hard. Thanks to Pet Health Testing, we found out that he was sensitive to barley. It's been almost 4 weeks since we got him barley free food and his itching is minimal! He's definitely getting better!

– John & Rebecca

## **The best test available** ★★★★★

I have wanted to know what my dog was sensitive to. The test offers an extensive check without the expensive price. My test kit was delivered in 48 hrs, the process was easy, and my results were in in about five days. The report was easy to read and understand, I would recommend this to anyone!

– Broderick Family

## **The brutal truth indeed** ★★★★★

Who would have thought that beef caused my puppy to have stomach problems. So happy I took this intolerance test for my dog. I cut beef out of his diet entirely and since he hasn't shown any signs of discomfort and definitely has even more energy than before. This Fur sensitivity test has been an absolute lifesaver.

– Charlotte

# Food Sensitivities Analysis





# Your pets results explained

Understanding your pets results is of course the important part! To help you with this you will find an overview of your food sensitivity results. This overview summarises the items to focus on, along with the relevant actions to take. All items tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reaction items can be found in the detailed analysis section.

Sensitive Reaction	Mild Reaction	No Reaction
These are the food items that our testing shows your pet has a sensitivity to.	These are the food items that our testing shows your pet could potentially have a sensitivity to.	These are the food items that our testing shows your pet does not have a sensitivity to.

## Your Pets Food Sensitivities: Overview

### Sensitive Reaction

- Brussel Sprouts
- Cherry
- Chicken Kidney
- Clams
- Colby Cheese
- Corned Beef
- Evening Primrose Oil
- Maize Flour
- Millett
- Mullet
- Nectarine
- Ox Kidney
- Pineapple
- Rice - Brown/Whole Grain
- Strawberry
- Sugar Snap Peas
- Tuna
- Valerian Root

These food items have been identified as those, which may be causing or contributing to physical symptoms.

We would recommend the removal of these items from your pets daily diet using a structured elimination diet.

## Your Food Sensitivities: Overview contd.

### Mild Reaction

- Alligator
- Almond Oil
- Artificial Beef Flavour
- Asparagus
- Banana
- Beef Bone
- Blackcurrant
- Broccoli
- Butternut Squash
- Cabbage
- Carob
- Carp
- Chicken Gravy
- Cinnamon
- Dill
- Egg Yolk
- Fennel
- Ground Beef
- Parsnips
- Partridge
- Pheasant
- Quail
- Rice - White
- Sardine
- Shrimp
- Tangerines
- Watermelons
- Wild Boar

These food items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the Sensitive Reaction items first and then considering the removal of Mild Reaction items thereafter.

It is also worth considering that having these items in isolation may not cause symptoms, however having a number of Mild Reaction items in the same meal or day may lead to symptoms due to an accumulative effect.



# Your Food Sensitivities: Detailed Analysis

## Cheese

- Blue Cheese
- Brie
- Cheddar Cheese
- Colby Cheese
- Cottage Cheese
- Cream Cheese
- Mozzerella Cheese
- Parmesan Cheese
- Ricotta Cheese
- Swiss Cheese

## Dairy and Egg

- Butter
- Duck Eggs
- Egg Shells
- Egg White
- Egg Yolk
- Greek Yoghurt
- Milk from Cows
- Milk from Goats
- Milk from Sheep
- Soy Milk
- Yak Milk

## Fruit

- Acai Berries
- Apple
- Apricot
- Banana
- Blackberries
- Blackcurrants
- Blueberry
- Cantaloupe
- Cherry
- Cranberries
- Guava
- Lemon
- Mango
- Melon
- Nectarine
- Oranges
- Papaya
- Peaches
- Pears
- Pineapple

- Raspberries
- Redcurrants
- Strawberry
- Tangerines
- Watermelons
- Whitecurrants

## Gluten-free Cereals and Grains

- Barley
- Maize Flour
- Millet
- Oat Flour
- Oats
- Rice - Bran
- Rice - Brown/Whole Grain
- Rice - White
- Rice Flour
- Rye
- Soy Flour
- Spelt
- Soy Protein
- Wheat Bran
- Wheat Germ
- Whole Wheat Flour

## Herbs and Spices

- Basil
- Chervil
- Cilantro
- Cinnamon
- Dill
- Fennel
- Ginger
- Milk Thistle
- Mint
- Oregano
- Parsley
- Rosemary
- Sage
- Turmeric

## Legumes and Pulses

- Chickpeas
- Lentils

## Meat

- Alligator
- Alpaca
- Beef
- Beef Bone
- Chicken
- Chicken Fat
- Chicken Heart
- Chicken Kidney
- Chicken Liver
- Chicken Meal
- Corned Beef
- Corned Pork
- Emu
- Goat
- Goose
- Ground Beef
- Ground Chicken
- Ground Pork
- Ground Turkey
- Guinea Fowl
- Hare
- Horse
- Kangaroo
- Lamb
- Lamb Bones
- Lamb Heart
- Lamb Kidney
- Lamb Liver
- Mutton
- Ostrich
- Ox
- Ox Heart
- Ox Kidney
- Ox Liver
- Partridge
- Pheasant
- Pig Ear
- Pig Heart
- Pig Kidney
- Pig Liver
- Pigeon
- Pork

## Quail

- Rabbit
- Rawhide
- Turkey
- Turkey Heart
- Turkey Liver
- Venison
- Wild Boar

## Miscellaneous

- Alfalfa
- Algae
- Artificial Meat Flavour
- Artificial Duck Flavour
- Artificial Turkey Flavour
- B-glucans
- Brewers Yeast
- Butylated Hydroxyanisole (BHA)
- Butylated Hydroxytoluene (BHT)
- Carob
- Charcoal
- Chicken Gravy
- Collagen
- Fructo-Oligosaccharides
- Glucosamine
- Hemp
- Mannan-Oligosaccharides
- Noodles
- Spirulina
- Sweetcorn Kernals
- Valerian Root
- Yeast

## Nuts and Seeds

- Almonds
- Coconut
- Fenugreek Seeds
- Flax Seeds
- Linseed
- Peanuts

## Your Food Sensitivities: Detailed Analysis contd.

■ Quinoa

### **Oils and Condiments**

- Almond Oil
- Apple Cider Vinegar
- Chicken Oil
- Coconut Oil
- Cod Liver Oil
- Evening Primrose Oil
- Fish Oil
- Flax Seed Oil
- Honey
- Krill Oil
- Malt Vinegar
- Natural Peanut Butter
- Olive Oil
- Palm Oil
- Peppermint Oil
- Rapeseed Oil
- Salmon Oil
- Sea Buckthorn Oil
- Sesame Oil
- Soy Bean Oil
- Sunflower Oil

### **Seafood and Fish**

- Anchovies
- Carp
- Catfish
- Clams
- Cod
- Crab
- Eel
- Flounder
- Green Lipped Mussels
- Grouper
- Halibut
- Herring
- Lobster
- Mullet
- Mussels

■ Octopus

■ Oysters

■ Plaice

■ Prawns

■ Salmon

■ Sardine

■ Scallops

■ Sea Bass

■ Shrimp

■ Sole

■ Sprats

■ Squid

■ Swordfish

■ Tilapia

■ Trout

■ Tuna

■ Whitebait

■ Whitefish

### **Vegetables**

- Asparagus
- Beet Pulp
- Beetroot
- Broccoli
- Brussels Sprouts
- Butternut Squash
- Cabbage
- Capsicum - green
- Capsicum - red
- Capsicum - yellow
- Carrots
- Cauliflower
- Celery
- Cucumber
- Garden Peas
- Green Beans
- Kale
- Kelp
- Mangetout
- Mushrooms
- Parsnips
- Peas
- Potato
- Pumpkin
- Reishi Mushroom

■ Seaweed

■ Spinach

■ Sugar Beet

■ Sugar Snap Peas

■ Swede

■ Sweet Potatoes

■ Yuca

■ Zucchini

# Non-food Sensitivities Analysis







## What is a non-food sensitivity?

Non-food items can, just like food items, cause the body to react, which leads to the production of symptoms such as itching and sneezing. If you suspect your pet has an allergy please see your vet. It is important to note that this is not an allergy test. Any known pollen, dust mite or mould allergies your dog has may or may not come up in this test.

## Your results explained

Understanding your pets results is of course the important part! To help you with this you will find an overview of your non-food sensitivity results. This overview summarises the items to focus on, along with the relevant actions to take. All items tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reaction items can be found in the detailed analysis section.

**Sensitive Reaction**

**Mild Reaction**

**No Reaction**

These are the non-food items that our testing shows your pet has a sensitivity to.

These are the non-food items that our testing shows your pet could potentially have a sensitivity to.

These are the non-food items that our testing shows your pet does not have a sensitivity to.

## Your Non-food Sensitivities: Overview

### Sensitive Reaction

- Grass
- Pampass Grass
- Rosehip
- Zinnia

### Mild Reaction

- Apple Tree
- Bee Pollen
- Buckwheat
- Ceolsia Plumosa
- Elm Tree
- Gloxinix
- Hawthorn Tree
- Pine
- Polkadot Plant
- Seaweed

These non-food items have been identified as those, which may have the potential to cause or contribute to physical symptoms.

We would always recommend prioritising the removal of the Sensitive Reaction items first and then considering the avoidance of Mild Reaction items thereafter.

It is also worth considering that contact with these items in isolation may not cause symptoms, however having contact with a number of Mild Reaction items in the same day may lead to symptoms due to an accumulative effect.

## Your Non-food Sensitivities: Detailed Analysis

- Algae
- Alyssum
- Apple Tree
- Ash Tree
- Aspen Tree
- Aster
- Bamboo
- Bark
- Barley Plant
- Bee
- Bee Pollen
- Beech Tree
- Bermuda Grass
- Bifidobacterium Animalis
- Birch Tree
- Blackberry Bush
- Blue Daisy
- Boston Fern
- Bottlecrush Tree
- Buckwheat
- Buttercup Flower
- Camelia
- Canna
- Cardamon Essential Oils
- Ceolsia Plumosa
- Cherry Tree
- Chile Pine
- Chrysanthemum
- Clover
- Colonial Butterfly Grass
- Coreopsis
- Corn Plant
- Cotton
- Currant Bush
- Dandelion
- Elm Tree
- Gerber Daisy
- Gladiolus
- Grass
- Hawthorn Tree
- Hazel Tree
- Impatiens
- Leather
- Maize Plant
- Marigold Flowers
- Milkweed
- Mint
- Moss
- Nasturtium
- Nylon
- Oak Tree
- Orchard Grass
- Pampass Grass
- Perfume
- Persian Violet
- Petunia
- Pine
- Polkadot Plant
- Pollen
- Poplar Tree
- Rape Tree
- Rose Plant
- Rosehip
- Rosehip Dragon
- Sawdust
- Spider Plant
- Star Jasmine
- Stinging Nettle
- Storage Unit
- Sunflower
- Sword Fern
- Tansy
- Viola
- Wasp
- Willow Tree
- Wool
- Yarrow
- Zinnia



# Metal Sensitivities Analysis





## What is metal toxicity?

Metal toxicity is the build-up of large amounts of heavy metals in the soft tissues of the body. The heavy metals most commonly associated with toxicity are lead, mercury, arsenic and cadmium.

Exposure usually occurs through industrial exposure, pollution, food, medication, improperly coated food containers or the ingestion of leadbased paints.

Symptoms vary between the different types of heavy metals.

## What to do if you have high levels of exposure?

It is important to look at lowering your day-to-day level of exposure.

Consider your environment, the foods you eat, water, cosmetics and cleaning products. The body is constantly detoxifying things from your everyday environment such as chemicals in foods, cosmetics and cleaning products, caffeine, alcohol, medications and even your own hormones.

You can help your body with detoxification processes by ensuring you; drink plenty of filtered water, eat a diet that is as wholefood as possible, avoid processed foods, reduce caffeine and/or alcohol consumption, lower nicotine usage and exercise regularly.

## Potential sources in your environment

Heavy metals are a part of our everyday life and at low levels are detoxified by the body causing no issue. However it is beneficial to have a greater awareness of where you may come into contact with metals and therefore help you reduce your potential exposure.

**Food** - Pesticides, insecticides and herbicides used on crops can lead to contaminated food produce. Contaminated water can result in fish and seafood containing heavy metals.

**Water** - Pipework that water runs through is the most likely cause of any heavy metals in drinking water. For this reason it is always best to filter your water.

**Air** - Pollution from vehicles such as cars, trains and aeroplanes contributes to heavy metals, which can be inhaled. Industrial factories and agricultural areas, which use pesticides on crops are also ways metals get into the air we breathe.

**Cosmetics** - Lead, arsenic, mercury, aluminium, zinc and chromium can be found in many cosmetics such as lipstick, whitening toothpaste, eyeliner, nail polish, moisturiser, sunscreen, foundation, blusher, concealer and eye drops. Some metals are added as ingredients whilst others are contaminants.

**Cleaning products** - Everyday household cleaning products like polish, all purpose sprays and garden products like insecticides and pesticides contain heavy metals.



## Your results explained

To help you interpret your results you will find an overview of your metal sensitivities. This overview summarises the items to focus on along with the relevant actions to take. All items tested are rated as either Sensitive, Mild or No Reaction, in the overview section you will see only those items, which tested as Sensitive or Mild. The No Reaction items can be found in the detailed analysis section.

Ideally the metals will show No Reaction in testing. If however there are metals identified as Mild or Sensitive Reaction do not panic. Through lowering daily exposure and helping your body with detoxification processes your body can reduce its own toxicity levels.

### Sensitive Reaction

These are the metals that our testing shows are at a level that could lead to toxicity.

### Mild Reaction

These are the metals that our testing shows risk being at a level that may lead to toxicity.

### No Reaction

These are the metals that our testing shows are not at a level that could lead to toxicity.

## Your Metal Sensitivities: Overview

### Sensitive Reaction

No items have been identified as Sensitive Reaction according to our testing parameters.

### Mild Reaction

No items have been identified as Mild Reaction according to our testing parameters.

### No Reaction

- Aluminium
- Cadmium
- Chromium
- Copper

- Flourine
- Lead
- Manganese
- Mercury

- Molybdenum
- Nickel
- Potassium
- Selenium

- Sodium
- Sulphur

## Your Metal Sensitivities: Detailed Analysis

- Aluminium
- Cadmium
- Chromium
- Copper
- Flourine
- Lead
- Manganese
- Mercury
- Molybdenum
- Nickel
- Potassium
- Selenium
- Sodium
- Sulphur

**SAMPLE**



# Vitamins Analysis





## Low vitamin levels

There are recommended daily amounts of each vitamin that should be consumed on a daily basis. However vitamin requirements do vary from person to person depending upon life stage, activity level, stress level, health conditions and medications.

Low vitamin levels occur when the dietary intake is lower than required or when the body is struggling to effectively absorb minerals from the food.

## What should you do if you have low vitamin levels?

The daily diet is the first consideration if you have low vitamin levels. It is the most natural and best way of improving intake. Vitamins come from a variety of sources, the richest sources being unrefined choices. For guidance on specific vitamins and the foods where they are found see 'The role of food types' in the Food Sensitivity section.

Ideally nutrients should all be consumed through the diet, however if this is not possible due to dietary restrictions or dislikes supplementation is an option. Please note it is always recommended that any supplementation is taken under the advice and monitoring of a health professional. Should you suspect that you could have a vitamin deficiency please seek the advice of your physician.

## Your results explained

### Outside Range

The level of the vitamin in your body falls below the normal range according to our testing parameters.

### Within Range

The level of the vitamin in your body falls within the normal range according to our testing parameters.

## Your Vitamins: Overview

### Outside Range

No items have been identified as Outside Range according to our testing parameters.

These vitamins have been identified as falling below the normal range. Look to increase the nutrient density of your daily diet through fruits, vegetables, grains, pulses, nuts and seeds, good quality meat, fish, eggs and dairy produce. For more specific guidance on the best sources of each vitamin please see 'The role of food types' in the Food Sensitivity section.

### Within Range

- Biotin
- Vitamin A
- Vitamin B1
- Vitamin B12
- Vitamin B2
- Vitamin B6
- Vitamin C
- Vitamin D
- Vitamin D3
- Vitamin E
- Vitamin K
- Zinc

These vitamins have been identified as falling within the normal range. Keep up the good work, ensuring a nutrient-rich daily diet to ensure your vitamin levels remain consistent.



## Your Vitamins: Detailed Analysis

- Biotin
- Vitamin A
- Vitamin B1
- Vitamin B12
- Vitamin B2
- Vitamin B6
- Vitamin C
- Vitamin D
- Vitamin D3
- Vitamin E
- Vitamin K
- Zinc

**SAMPLE**

# Minerals and Nutrients Analysis



## Low mineral levels

There are recommended daily amounts of each mineral that should be consumed on a daily basis. However mineral requirements do vary from person to person, depending upon life stage, activity level, stress level, health conditions and medications. Low mineral levels occur when the dietary intake is lower than required or when the body is struggling to effectively absorb minerals from the food.



### What are phytonutrients?

Phytonutrients are natural chemicals produced by plants to help them protect themselves from things like insects and the sun. By eating foods which contain phytonutrients we, as humans, can benefit from these natural compounds and use them for health benefits.

Unlike minerals there are no recommended daily amounts to consume. However we do know that the different phytonutrients confer different health benefits in the body such as supporting cardiovascular health, strengthening the immune system, improving eye health, reducing cholesterol and boosting energy. Therefore these nutrients are recommended for optimal health.

## What should you do if you have low mineral or phytonutrient levels?

The daily diet is the first consideration if you have low mineral levels. It is the most natural and best way of improving mineral or phytonutrient intake. Minerals come from the soil, and the greater the quality and richness of the soil, the greater the mineral density of a plant. The best sources of minerals are fruits, vegetables, grains, pulses, nuts and seeds. By including such produce in your diet you will also benefit from phytonutrients. For guidance on specific minerals and the foods where they are found see 'The role of food types' in the Food Sensitivity section. Ideally nutrients should all be consumed through the diet, however if this is not possible due to dietary restrictions or dislikes supplementation is an option. Please note it is always recommended that any supplementation is taken under the advice and monitoring of a health professional. Should you suspect that you could have a mineral deficiency please seek the advice of your physician.



## Your Minerals and Nutrients: Overview

### Out Of Balance

The level of the mineral or other nutrients in your body are out of balance according to our testing parameters.

### In Balance

The level of the mineral or other nutrients in your body are balanced according to our testing parameters.

### Out Of Balance

- Folic Acid

These minerals and/or other nutrients have been identified as falling below the normal range. Look to increase the nutrient density of your daily diet through fruits, vegetables, grains, pulses, nuts and seeds. For more specific guidance on where to find each mineral please see 'The role of food types' in the Food Sensitivity section.

### In Balance

- Copper
- Iodine
- Iron
- L-Carnitine
- Magnesium
- Manganese
- Macin
- Omega 3
- Omega 6
- Thiamine

These minerals and/or other nutrients have been identified as falling within the normal range. Keep up the good work, maintaining a nutrient-rich daily diet to ensure your mineral levels remain consistent.

## Your Minerals and Nutrients: Detailed Analysis

- Copper
- Folic Acid
- Iodine
- Iron
- L-Carnitine
- Magnesium
- Manganese
- Niacin
- Omega 3
- Omega 6
- Thiamine

SAMPLE

# Summary And Actions





## Summary & Actions

This food report is to be utilized for a suggested 6-8 week elimination plan. Once you have completed the 6-8 week elimination period and your pet's symptoms have subsided, you can now begin the reintroduction process. The reintroduction process is where you add back a once offending food item into their nutrition plan. You should only add back one food item at a time. If they consume the food item and do not experience any intolerance symptoms, then you can continue feeding it in moderation. If you feed the offending food item and notice a symptom, keep in mind that you can still continue to feed this food in the future, but you may deal with an undesirable symptom.

If you have decided to cook for your pet, rather than giving them processed foods, then once you have completed the reintroduction process, you can then try transitioning back to processed pet foods and see how your pet does. It is always best to then feed them in rotation and moderation instead of the same food every day. Try to avoid exposing your pet to the items on their sensitive reactions intolerance list to the best of your abilities. Take into consideration their bedding materials and fabrics, your furniture materials in your home, the cleaning solutions you use, the trees, grasses, and pollen where you live, and the other animal dander they may come in contact with. It will be impossible to fully remove certain environmental items out of their life, but reducing their exposure to these items will help them experience less intolerance symptoms.

The intention of the test report is to be more in tune with what their body is telling you, and to make conscious choices about what environmental items you surround them with. Please remember that we are testing for Intolerances which are non-immune system responses. Symptoms or reactions can take up to 48 hours or longer to appear. With our method of testing (using bioresonance feedback devices) your pet doesn't need to have ingested the food item for it to register as an intolerance.

Now you've discovered your  
pets sensitivities. Get  
yourself tested to optimise  
your diet...



**Check My  
Intolerance**

# WHY WAIT?

- 750 + Items Tested
- Test Kit Free Delivery
- Improve your wellbeing



Excellent



★ Trustpilot



erance

ETE



Visit  
[www.Checkmyintolerance.co.uk](http://www.Checkmyintolerance.co.uk)  
to find the test for you

**USE CODE: PHT10**

to get an exclusive 10% off  
all of our tests





Contact us:

**If you have any questions please  
get in touch with the team**

**support@pethealthtesting.com  
www.pethealthtesting.com**

**For all the latest news, advice and offers follow  
us on:**



**@PetHealthTesting**



**/PetHealthTesting**

**Have you enjoyed your experience?**

**We would love to hear about your experience with us.**

**Please leave us a review.**



**Trustpilot**



This product does not test your pet for allergies, nor makes a medical diagnosis or is it intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your vet or other qualified health provider if you think your pet has an allergy or medical condition.